

**DON'T
FORGET!**

TO BE ELIGIBLE TO PARTICIPATE IN THE 2011 WASHINGTON STATE SENIOR GAMES, YOU MUST SIGN AND DATE THE WAIVER ON THE REVERSE SIDE OF THIS PAGE AND RETURN IT ALONG WITH YOUR REGISTRATION FORMS AND PAYMENT.

Please complete the

ATHLETE REGISTRATION FORM

PERSONAL INFORMATION

Complete the front page of the **Athlete Registration Form** with your personal information. Do not leave any blanks. Complete one form per person. *Print clearly!*

SPORT INFORMATION/FEE CALCULATION

Please mark a check to the right of each event you wish to enter. Then fill in the fee box accordingly.

PAYMENT INFORMATION

Entries will not be accepted without payment. Please pay with a check made payable to *Puget Sound Senior Games* or by credit card.

CONFIRMATION

Your Registration Confirmation will be mailed to you within two weeks. If you have any questions, please call us for assistance. Our information line is (360) 413-0148.

Mail In Your Completed Registration Forms

Once you have completed your registration form(s)* and signed your waiver(s), mail them along with your payment check (unless you are paying by credit card) to:

Puget Sound Senior Games
P.O. Box 1487
Olympia, WA 98507-1487

** All registration forms must be postmarked by July 8, 2011. Registrations postmarked after that date will be returned to the sender.*



THIS CONSENT FORM MUST BE SIGNED AND RETURNED WITH REGISTRATION FORM

AGREEMENT, RELEASE AND WAIVER OF LIABILITY

- ▶ In consideration of the acceptance of my application to participate in the Washington State Senior Games I hereby, for myself, my heirs, executors, administrators and assigns do hereby release, waive, and/or forever discharge any and all rights, claims, and causes of action for damages that may be suffered by me as the result of my preparation for and/or participation in Washington State Senior Games.
- ▶ I recognize and voluntarily accept all risks associated with my participation in the event, no matter how remote or unlikely. I realize that my activity may well include serious bodily injury, catastrophic spinal injury (including total or partial paralysis), permanent impairment, brain damage, and even death. I recognize that these injuries may be sustained by me from falling, tripping, being pushed, running, striking or being struck by a spectator, another participant, a vehicle, equipment used in the event, and the like.
- ▶ As an adult, I take full responsibility for my participation in this event and for the level at which I choose to participate. I have no impairment, physical or mental, that should preclude my participating in this event at the level that I choose. I am physically fit and capable of participating in this event at the level I choose. I understand that I can remove myself from participating in this event at any time I choose to do so.
- ▶ I do not expect Puget Sound Senior Games/Washington State Senior Games, its agents, volunteers, officers, employees, any partner cities or sponsors to coach, manage, instruct or train me for this event. I recognize that it is my personal responsibility to learn, prepare, understand and obey the rules for this activity or event.
- ▶ Prior to participating as an athlete I will inspect the facilities and equipment to be used and if I believe same to be unsafe, I will immediately report such conditions to the Sport Commissioner, Supervisor or Official connected with the Games of same and either decline to participate or assume the risk of participating.
- ▶ The undersigned expressly agrees that the foregoing Waiver and Release of all claims is intended to be as broad and inclusive as is permitted by the laws of Washington and that if any portion thereof is held invalid it is agreed that the balance shall notwithstanding, continue in full legal force and effect.
- ▶ I assume all of the above risks and release, waive, discharge, hold harmless indemnify and covenant not to sue Puget Sound Senior Games/Washington State Senior Games, its Board, employees, volunteers, coaches, trainers, officials, partner cities and sponsors, or others affiliated with the Games.
- ▶ Further, I grant full permission to use my photograph, picture, likeness and/or voice to appear in any official documentary, promotional (including any and all advertisements), television, radio or film coverage of the Games without compensation.
- ▶ I consent to all emergency medical treatment as may be deemed appropriate under existing circumstances by medical personnel or personnel associated with the Games.
- ▶ I, the undersigned, have carefully read and voluntarily signed this hold-harmless Waiver and Release of all claims and fully understand its contents and meaning as full waiver and release of all claims, liability and indemnity for Puget Sound Senior Games/Washington State Senior Games, its agents, volunteers, officers, employees and any partner cities and sponsors.

I have read this Waiver of Liability and I agree to its terms.

SIGN HERE _____ DATE _____

PRINT NAME HERE _____

Return payment and completed forms to **Puget Sound Senior Games P.O. Box 1487 Olympia, WA 98507-1487**

PAYMENT CALCULATION DESCRIPTION	Fee	x	Qty	=	Total
Basic Registration Fee	\$30		1		\$30
Sport Fee <i>(per event)</i>	\$ 8				
Golf	\$45				
Athlete Celebration Dinner Tickets	\$10				
Early Bird Registration <i>(to May 30, 2011)</i>	-\$10				
Donation to Senior Games <i>(appreciated)</i>					
GRAND TOTAL					

PAYMENT INFORMATION

I am paying by check

I am paying by credit card:

VISA

Mastercard

CREDIT CARD NUMBER

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date (MM/YY)

--	--	--	--

NAME AS IT APPEARS ON YOUR CREDIT CARD _____

BILLING ADDRESS _____

SIGNATURE _____

INDIVIDUAL AND DOUBLES ENTRY FORM

Please print

PERSONAL INFORMATION

Name (Last) (First) (MI.)

--	--	--

Address

--

City

--

STATE

--	--

ZIP CODE

--	--	--	--	--

E-mail address

--

Home phone

--	--	--	--	--	--	--	--	--	--

Cell phone

--	--	--	--	--	--	--	--	--	--

Gender

Male

Female

Date of Birth (MM/DD/YYYY)

--	--

--	--

--	--	--	--

Emergency Contact

Emergency Contact Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Phone

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

MISC. INFORMATION

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Have you been a resident of Washington State for at least 6 months of the last year?

Yes No

Do you intend to stay overnight in the Olympia-Lacey-Tumwater area?

Yes No

Where did you hear about the 2011 Washington State Senior Games? _____

DOUBLES SPORTS

Doubles Event 1

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Partner

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Doubles Event 2

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Partner

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Doubles Event 3

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Partner

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

GOLF FOURSOME

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

DANCE

BALLROOM

- Bronze
- Silver
- Gold

Choose 1

Choose 1

Choose 1

DANCE	AMERICAN	INTERNATIONAL	GROUP	SOLO	AM/AM	PRO/AM
Closed Syllabus:						
Waltz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tango	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Foxtrot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Viennese Waltz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rumba	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cha Cha	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
East Coast Swing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mambo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bolero	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Quickstep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Samba	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paso Doble	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Salsa	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
West Coast Swing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Night Club 2-Step	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hustle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open (multi-dance):						
Smooth (W,T,F)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standard (W, T, F)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rhythm (C,R,E)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Latin (C,R,J)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COUNTRY/LINE DANCE

Country Dance – Two Step

Choose one level:

- Level 1
- Level 2
- Level 3

Partner: _____

Country Dance – Waltz

Choose one level:

- Level 1
- Level 2
- Level 3

Partner: _____

Showcase (line dance only)

Choose one level:

- Level 1
- Level 2
- Level 3

Line Dance

Choose one level:

- Level 1 (choose 2 of 4 dances)
 - Under the Sun
 - Baby Kate
 - Hello Dolly
 - Little Red Book
- Level 2 (choose 2 of 4 dances)
 - Toes
 - Action
 - Quarter After One
 - Higher & Higher
- Level 3 (choose 2 of 4 dances)
 - Can-Am Tango
 - Shanghai Surprise
 - Make You Sweat
 - Sister Kate

BASKETBALL ONLY: HOT SHOT FREE THROW

1. NAME (Last)

(First)

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

BASKETBALL ONLY: HOT SHOT FREE THROW

2. NAME (Last)

(First)

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

BASKETBALL ONLY: HOT SHOT FREE THROW

3. NAME (Last)

(First)

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

BASKETBALL ONLY: HOT SHOT FREE THROW

4. NAME (Last)

(First)

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

5. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Grid for name input

Address

Grid for address input

City

Grid for city input

STATE

Grid for state input

ZIP CODE

Grid for zip code input

Date of Birth (MM/DD/YYYY)

Grid for date of birth input

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address input

Phone

Grid for phone input

Emergency Contact Name

Grid for emergency contact name input

Phone

Grid for emergency contact phone input

6. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Grid for name input

Address

Grid for address input

City

Grid for city input

STATE

Grid for state input

ZIP CODE

Grid for zip code input

Date of Birth (MM/DD/YYYY)

Grid for date of birth input

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address input

Phone

Grid for phone input

Emergency Contact Name

Grid for emergency contact name input

Phone

Grid for emergency contact phone input

7. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Grid for name input

Address

Grid for address input

City

Grid for city input

STATE

Grid for state input

ZIP CODE

Grid for zip code input

Date of Birth (MM/DD/YYYY)

Grid for date of birth input

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address input

Phone

Grid for phone input

Emergency Contact Name

Grid for emergency contact name input

Phone

Grid for emergency contact phone input

8. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Grid for name input

Address

Grid for address input

City

Grid for city input

STATE

Grid for state input

ZIP CODE

Grid for zip code input

Date of Birth (MM/DD/YYYY)

Grid for date of birth input

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address input

Phone

Grid for phone input

Emergency Contact Name

Grid for emergency contact name input

Phone

Grid for emergency contact phone input

9. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Name input boxes

Address

Address input boxes

City

City input boxes

STATE

State input boxes

ZIP CODE

Zip code input boxes

Date of Birth (MM/DD/YYYY)

Date of birth input boxes

T-shirt size: SMALL MEDIUM LARGE X-LARGE 2XL 3XL 4XL

T-shirt size selection checkboxes

Email address

Email address input boxes

Phone

Phone input boxes

Emergency Contact Name

Emergency contact name input boxes

Phone

Phone input boxes

10. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Name input boxes

Address

Address input boxes

City

City input boxes

STATE

State input boxes

ZIP CODE

Zip code input boxes

Date of Birth (MM/DD/YYYY)

Date of birth input boxes

T-shirt size: SMALL MEDIUM LARGE X-LARGE 2XL 3XL 4XL

T-shirt size selection checkboxes

Email address

Email address input boxes

Phone

Phone input boxes

Emergency Contact Name

Emergency contact name input boxes

Phone

Phone input boxes

11. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Name input boxes

Address

Address input boxes

City

City input boxes

STATE

State input boxes

ZIP CODE

Zip code input boxes

Date of Birth (MM/DD/YYYY)

Date of birth input boxes

T-shirt size: SMALL MEDIUM LARGE X-LARGE 2XL 3XL 4XL

T-shirt size selection checkboxes

Email address

Email address input boxes

Phone

Phone input boxes

Emergency Contact Name

Emergency contact name input boxes

Phone

Phone input boxes

12. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREETHROW

Name input boxes

Address

Address input boxes

City

City input boxes

STATE

State input boxes

ZIP CODE

Zip code input boxes

Date of Birth (MM/DD/YYYY)

Date of birth input boxes

T-shirt size: SMALL MEDIUM LARGE X-LARGE 2XL 3XL 4XL

T-shirt size selection checkboxes

Email address

Email address input boxes

Phone

Phone input boxes

Emergency Contact Name

Emergency contact name input boxes

Phone

Phone input boxes

13. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREE THROW

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

14. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREE THROW

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

15. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREE THROW

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

16. NAME (Last)

(First)

BASKETBALL ONLY: HOT SHOT FREE THROW

Grid for name entry

Address

Grid for address entry

City

Grid for city entry

STATE

Grid for state entry

ZIP CODE

Grid for zip code entry

Date of Birth (MM/DD/YYYY)

Grid for date of birth entry

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Grid for email address entry

Phone

Grid for phone entry

Emergency Contact Name

Grid for emergency contact name entry

Phone

Grid for emergency contact phone entry

17. NAME (Last) _____ (First) _____

BASKETBALL ONLY: HOT SHOT FREETHROW

Address

City

STATE

ZIP CODE

Date of Birth (MM/DD/YYYY)

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Phone

Emergency Contact Name

Phone

18. NAME (Last) _____ (First) _____

BASKETBALL ONLY: HOT SHOT FREETHROW

Address

City

STATE

ZIP CODE

Date of Birth (MM/DD/YYYY)

T-shirt size:

SMALL

MEDIUM

LARGE

X-LARGE

2XL

3XL

4XL

Email address

Phone

Emergency Contact Name

Phone



Bremerton's WEST SOUND SENIOR GAMES
An Age 50+ Athletic Event
July 6-9, 2011

The 8th Annual Bremerton's West Sound Senior Games are a great way to stay in shape and compete in 15 different athletic events with your own peers, those age 50 and above! Athlete Registration packets are available now through all Bremerton Parks and Recreation Facilities and on-line. For more information or to become a sponsor, call the Bremerton Senior Center at 360-473-5357.
www.ci.bremerton.wa.us

Scheduled Athletic Events
3 on 3 Basketball
5K Off-road Race/Walk
Badminton
Bowling
Cycling Time Trials
Disc Golf
Free Throw Contest
Horseshoes
Pickleball
Ping Pong
Pool 8-ball
Racquetball
Swimming
Tennis
Track and Field

2011 OLYMPIC PENINSULA SENIOR GAMES
City of Port Angeles Olympic Peninsula Senior Games

- Friday, August 26 - Sunday, August 28, 2011 • At least 18 sports, 62 events, over 3 days!
- Come for the sport ... Stay for the FUN!!

Join us in our beautiful port city, nestled between the Strait of Juan de Fuca and the Olympic Mountain Range. Meet participants and their families from the Olympic Peninsula, from all over the state of Washington, as well as the Nation. This is a perfect spot to hold the games and you can be assured of enjoyable competition, and great hospitality!

For more general information, and sponsorship opportunities, visit our website or contact us at the Games Headquarters:
City of Port Angeles: Olympic Peninsula Senior Games (OPSG) Port Angeles Senior Center
328 E. 7th St., Port Angeles, WA 98362
Phone: (360) 457-7004 Ask for D. Bellamente • Port Angeles Senior Center, Director
Olympic Peninsula Senior Games, Executive Director
dbellamente@cityofpa.us Fax: (360) 417-1942



MAY 27-29 2011

Events & Contact Information

<p>BOWLING May 28-29 Starbuck Lanes Kent Kavanagh 509.525.3026 kpe@starm.com</p>	<p>SWIMMING May 28 Whitman College Barry Reed 509.395.9363 barry.reed@whitman.edu</p>
<p>CYCLING May 27-29 4th Fl - Fern St. Lot Charles Stanger 509.526.2288 mcd@spacknet.com</p>	<p>TENNIS May 27-29 Whitman/Country Club Ann Beery 509.845.6236 thesportsmind@gmail.com</p>
<p>GOLF May 28 Watson's Memorial Barry Wolford 509.525.5419 Barrywolford@hotmail.com</p>	<p>TRACK May 28 Horton Field Marc Randow 509.523.0960 509.396.5431 mrandow@charter.net</p>
<p>RACQUETBALL May 28-29 Walla Walla YWCA Gilda Page 509.301.7841 gpage@myymca.org</p>	<p>BASKETBALL May 28-29 Walla Walla YWCA Bib Neve 509.540.4474 wneve@hotmail.com</p>
<p>ROAD RUNS May 28 Becker Park Ron & Joyce Huntington 509.876.7123 hunting@shufmail.com</p>	

INFORMATION AND REGISTRATION:
www.wwymca.org/events
509.525.8863








Northwest SENIOR GAMES

May 14 - August 7, 2011

The Northwest Senior Games (NWSG) are made possible by the collaboration between the cities of Shoreline, Redmond, Kirkland, Mercer Island, Bellevue, Seattle, and the NWSG Board of Directors. Since 1998, the Northwest Senior Games has provided athletes of all abilities, age 50 and older, the opportunity to participate recreationally or competitively in various sports. There will be 12 events in the 2011 NWSG. There are no other events in the Northwest that better foster the spirit of fun, competition and camaraderie.



EVENTS and CONTACT INFO

The following sports are included in this year's Northwest Senior Games. For more information and details about specific events, refer to the contact list below.

<p>RADDINGTON June 10-12 Meadowbrook Community Center Joyce Jones 425-743-1792</p> <p>GOLF June 1 Jefferson Park Golf Course Dan Garpe 425-498-7382</p> <p>DANCE: LINE & BALLROOM June 11 Redmond Senior Ctr Teri Burke 425-886-2114</p> <p>HORSESHOES May 14-15 Greenlake Horseshoe Pits Bob Hanson 913-210-9796</p> <p>HALF MARATHON or 10K WALK July 8 Greenway Park Margrace Becker 206-684-6664</p> <p>ICE HOCKEY May 14-15 Lynnwood & Olympic View Ice Arena Bob Peterson 206-905-9487</p>	<p>PICKLEBALL June 13-19 Rainier Community Center Betty & Larry Silver 206-344-4987</p> <p>SWIMMING June 18 Jennita High School Pool Janet Kovadas 425-778-8814</p> <p>TABLE TENNIS June 11 Greenlake Community Center Norm Ward 206-785-5851</p> <p>TENNIS August 1-7 Barber Square Athletic Club Ginny Scotchbury 206-755-3588</p> <p>TRACK AND FIELD June 8 West Seattle Stadium Tim Pretare 206-684-4240 206-233-7255</p> <p>SHUFFLEBOARD June 11-12 Crista - Shoreline Bob Robinson 360-541-6649</p>
--	---

Information and registration:
www.northwestseniorgames.org
or 206.755.3588

REGISTRATION REQUIRED!

SENIOR GAMES VOLUNTEERS!

There would be no Washington State Senior Games without the efforts of the 150-plus volunteers who tirelessly work behind the scenes to produce this special athletic event. These volunteers – who include our sports commissioners, board members, and a myriad of event day helpers – support the Senior Games because they are dedicated to the spirit and intention of the Games, and believe in the positive benefits and rewards the Games provide for everyone who participates. Please take the time to thank the volunteers for their contributions to the success of the Senior Games.

If you're interested in becoming a Senior Games volunteer contact:

Allen Jakobitz

Volunteer Coordinator

(360) 705-3492

jakobitz@yahoo.com

