

## **Make You Sweat**

Choreographed by Ria Vos

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: Uhh La La La by Chi Hua Hua [CD: Dansk Melodi Grand Prix 2005 / Available on iTunes]

Intro: 24 counts, start on vocals

### **SIDE, TOUCH, SIDE, KICK, BEHIND, TURN $\frac{1}{4}$ LEFT, STEP FORWARD, STEP, PIVOT TURN $\frac{1}{2}$ RIGHT, STEP, FULL TRIPLE TURN LEFT**

- 1& Step right to side, touch left together  
2& Step left to side, kick right diagonally forward  
3&4 Cross right behind left, turn  $\frac{1}{4}$  left and step left forward, step right forward (9:00)  
5&6 Step left forward, pivot turn  $\frac{1}{2}$  right, step left forward (3:00)  
7&8 Turn  $\frac{1}{2}$  left and step right back, turn  $\frac{1}{2}$  left and step left forward, step right forward (3:00)

### **ROCKING CHAIR, STEP PIVOT TURN $\frac{1}{4}$ RIGHT, CROSS, TOE STRUTS, CHASSE RIGHT**

- 1&2& Rock left forward, recover to right, rock left back, recover to right  
3&4 Step left forward, pivot turn  $\frac{1}{4}$  right, cross left over right (6:00)  
5&6& Step right toe to side, drop right heel, cross left toe over right, lower left heel  
7&8 Chassé side right, left, right

*Restart point wall 3*

*Arms for counts 5-8: when he sings "from the tip of your toes to the top of your head"*

- 5& Both arms to right side, snap fingers  
6& Both arms to left side, snap fingers  
7&8 Both hands to right side above your head palms facing out, push up twice

### **SWAY OUT LEFT, SWAY OUT RIGHT, COASTER STEP, JAZZ BOX TURN $\frac{1}{4}$ RIGHT, LOCK STEP FORWARD**

- 1-2 Step out and left forward with hip sway, step out on right with hip sway  
3&4 Step left back, step right together, step left forward  
5&6 Cross right over left, turn  $\frac{1}{4}$  right and step left back, step right to side (9:00)  
7&8 Locking chassé forward left, right, left

**MAMBO FORWARD, RUN BACK X3, POINT, HITCH, POINT, FLICK, BIG SIDE STEP TOGETHER**

1&2 Rock right forward, recover to left, step right back

3&4 Run back stepping left, right, left

5&6& Touch right to side, hitch right, touch right to side, flick right behind left leg

7-8 Step right large step to right side dragging left towards right, step left together

*Arms for counts 5-8: when he sings "from the tip of your toes to the top of your head"*

5-6 Right arm to right side snap fingers, repeat on count 6

7-8 Swing right arm around above head palm of hand facing up

**REPEAT**

**RESTART**

*On wall 3 after count 16, add: step left together on the '&' count and start again from count 1 (12:00)*

**ENDING**

*You will end with count 1-4 of section 3, replace the coaster step with:*

3&4 Step left back, turn  $\frac{1}{2}$  right and step right forward, step left forward

Choreographer Contact Information:

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