

## **Sister Kate**

Choreographed by Ria Vos

Description: 32 count, 4 wall, intermediate line dance

Music: Sister Kate by The Ditty Bops [CD: The Ditty Bops / Available on iTunes]

Intro: 8 counts from first beat

### **TOE STRUTS RIGHT & LEFT, KICK-BALL-STEP, PIVOT TURN $\frac{1}{2}$ RIGHT, TURN $\frac{1}{4}$ RIGHT AND STEP SIDE, POINT BACK, KICK-BALL-CROSS**

1&2& Step right toe forward, drop right heel, step left toe forward, drop left heel (shimmy shoulders)

3&4 Kick right forward, step right together, step left forward

5 Turn  $\frac{1}{2}$  right (weight to right)

6-7 Turn  $\frac{1}{4}$  right and big step left to side, point right back

*Option: throw arms left*

8&1 Kick right diagonally forward, step right together, cross left over right

### **HEEL JACK WITH HEEL GRIND, ROCK BACK, RECOVER, TOUCH, KNEE SPLIT, KICK-OUT-OUT**

&2 Step right slightly to side, touch left heel diagonally forward

&3& Step left together, cross right heel over left, step left to side

4-5 Rock right back (sticking bum out), recover to left

&6& Touch right together, split knees apart, bring knees together

7&8 Kick right forward, step right to side, step left to side

### **SWIVELS, TOE STRUTS BACKWARDS, COASTER STEP, TRIPLE FULL TURN RIGHT**

1& Swivel left heel to left and right toe to right, recover to center

2& Swivel right heel to right and left toe to left, recover to center

3&4& Step right toe back, drop right heel (option: click fingers right), step left toe back, drop left heel (option: click fingers left)

5&6 Step right back, step left together, step right forward

7&8 Turn  $\frac{1}{2}$  right and step left back, turn  $\frac{1}{2}$  right and step right forward, step left forward

### **PIVOT TURN $\frac{1}{4}$ LEFT TWICE, CHARLESTON STEP**

1-2 Step right forward, turn  $\frac{1}{4}$  left (weight to left)

3-4 Step right forward, turn  $\frac{1}{4}$  left (weight to left)

5-6 Touch right forward, step right back

7-8 Touch left back, step left forward

## REPEAT

### TAG

*After wall 1 (3:00), 3 (9:00) and 6 (6:00)*

1-4 Repeat last 4 counts (Charleston step)

### ENDING

*You will end on count 16 (kick-out-out). Turn  $\frac{1}{4}$  left after the kick, so the out-out steps will be facing front (12:00)*

Although the music has a two-step rhythm, I have chosen to write the steps in half-time.

Choreographer Contact Information:

Ria Vos | EMail: [dansenbijria@gmail.com](mailto:dansenbijria@gmail.com) | Website: <http://www.dansenbijria.nl>

Address: Unlisted | Phone: Unlisted