

Washington State Senior Games - Records (2001 through 2009)

Archery

ARCHERY - BAREBOW COMPOUND - WOMEN

50-54	Mary E Nations	644	2005
55-59	Mary E Nations	614	2006
65-69	Rebecca B Jackson	656	2008

ARCHERY - BAREBOW COMPOUND - MEN

55-59	John R Templar	768	2005
60-64	John R Templar	780	2009
65-69	John B Paddock	751	2004
70-74	John B Paddock	727	2008
80-84	Clint Axford	736	2007

ARCHERY - BAREBOW RECURVE - WOMEN

60-64	Evelyn K Hammond	250	2004
65-69	Evelyn K Hammond	314	2005
75-79	Elisabeth C Lewis	511	2008
80-84	Elisabeth C Lewis	442	2009

ARCHERY - BAREBOW RECURVE - MEN

50-54	John Burrows	502	2009
55-59	William H Lee	752	2005
60-64	William H Lee	653	2008
65-69	Ronald Osborn	410	2005
70-74	Samuel Milham	518	2004
80-84	Hugh F Lewis	419	2008

ARCHERY - COMPOUND FINGERS - WOMEN

50-54	Linda F Parker	817	2004
55-59	Linda F Parker	807	2008
60-64	Teko Phillips	755	2009
65-69	Darlene M Houk	367	2006

ARCHERY - COMPOUND FINGERS - MEN

50-54	Kent H Russell	844	2006
55-59	Kent H Russell	846	2007
60-64	John A Finsterbusch	798	2005
65-69	TC Parker	787	2001
70-74	Larry D Ramsey	777	2008

ARCHERY - COMPOUND RELEASE - WOMEN

50-54	Sandi M Comer	834	2006
55-59	Sandi M Comer	862	2007
60-64	Lucille Gale	817	2006
65-69	Joanne M Hiersch	801	2001

ARCHERY - COMPOUND RELEASE - MEN

50-54	Rick Morgan	874	2009
55-59	John I Soper	884	2005
60-64	Bill G McKinnon	872	2009
65-69	Donald S Kudlacek	858	2001
70-74	Donald S Kudlacek	864	2004
75-79	Donald S Kudlacek	865	2008

ARCHERY - RECURVE - WOMEN

55-59	Evelyn J Templar	294	2003
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ARCHERY - RECURVE - MEN

50-54	Robert G O'Brien	779	2005
55-59	Sam M Payne	557	2001
60-64	Fred Julian	805	2006
65-69	Gordon T Osberg	567	2002
75-79	Joe Mihalik	522	2001

Basketball

BASKETBALL - FREE THROW COMPETITION - WOMEN

55-59	Gidget R Voss	9	2002
60-64	Gidget R Voss	13	2009
70-74	Edythe A Hulet	14	2009
75-79	Micki T Brent	3	2001
80-84	Hazel V Voss	5	2002

BASKETBALL - FREE THROW COMPETITION - MEN

50-54	Bill L Freund	23	2005
	Kim Atwater	23	2009
55-59	Jack M Soliday	24	2007
60-64	Raymond C Stein	20	2005
65-69	Dennis O Oman	25	2008
70-74	Mal Menzies	23	2009
75-79	Charles Bispala	22	2005
80-84	R. Leonard Krause	4	2001

BASKETBALL - HOT SHOT COMPETITION - WOMEN

50-54	Ruth E Washington	28	2009
55-59	Gidget R Voss	33	2002
60-64	Gidget R Voss	35	2009
70-74	Edythe A Hulet	22	2009
75-79	Micki T Brent	2	2001

BASKETBALL - HOT SHOT COMPETITION - MEN

50-54	Kim Atwater	62	2007
55-59	Jack M Soliday	56	2009
60-64	Darryl Knott	48	2005
65-69	Dennis O Oman	58	2008
70-74	Jerry W Spoonemore	59	2009
75-79	Reidar Ytgard	41	2007
80-84	Gene L Stanley	26	2009

Bowling

BOWLING - SINGLES - WOMEN

50-54	Valerie R Elliott	557	2004
55-59	Valerie R Elliott	564	2006
60-64	Avis A Ross	503	2001
65-69	Joyce A Bortoluzzi	481	2002
70-74	Carole M Hauth	522	2002
75-79	Agnes T Armour	480	2005
80-84	Jane E Townsend	465	2009

BOWLING - SINGLES - MEN

50-54	Don G Becker	681	2002
55-59	Roger D Breithaupt	688	2003
60-64	Conley M Burchfiel	664	2006
65-69	Carlos Garcia	732	2003
70-74	Carlos Garcia	711	2008
75-79	Carl F Gustafson	599	2003
80-84	Lawrence A Herendeen	575	2008
85-89	R. Leonard Krause	558	2008

Cycling

CYCLING - 5 K TIME TRIAL - WOMEN

50-54	Sile Kiernan	7:37.2	2008
55-59	Sile Kiernan	8:17.5	2009
60-64	Barbara M Davies	9:00.7	2009
65-69	Susan C Shell	8:53	2002
70-74	Jan M Barnsley	11:09.1	2009

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CYCLING - 5 K TIME TRIAL - MEN

50-54	Tom Potter	7:02.2	2008
55-59	Alastair S Lockett	6:56.0	2007
60-64	Perry J Jones	7:14.7	2008
65-69	David Russell	7:36.2	2008
70-74	Robert J Kaye	7:55.0	2008
75-79	Charles K Eaton	9:28	2006
80-84	Les W Metzger	11:54.3	2003

CYCLING - 10 K TIME TRIAL - WOMEN

50-54	Beth S Graff	15:58.0	2008
55-59	Nancy E Lockett	17:21.7	2008
60-64	Catherine M Renaud	17:40.2	2008
65-69	Barbara J Gicquel	19:07	2006
70-74	Jan M Barnsley	23:23.0	2009
80-84	Edna E Metzger	29:00.1	2001

CYCLING - 10 K TIME TRIAL - MEN

50-54	Jeffrey D Patterson	14:27	2002
55-59	Alastair S Lockett	14:12.0	2007
60-64	Richard B Young	15:25.0	2007
65-69	Roger A Johnson	15:42.0	2007
70-74	Robert J Kaye	16:07.4	2008
75-79	Charles K Eaton	19:13	2006
80-84	Les W Metzger	24:42.9	2003

Golf

GOLF - 18 HOLE INDIV. TOURN. - WOMEN

50-54	Michelle Menkens	78	2008
	Nancy J Kennedy	78	2007
55-59	Cheryl J Melchior	74	2007
60-64	Carnetta A Colerick	74	2008
65-69	Diane L Dozal	79	2008
70-74	Marge A Johnson	103	2001
75-79	Audrey A Vaughn	112	2001

GOLF - 18 HOLE INDIV. TOURN. - MEN

50-54	James A Pavlicek	74	2007
55-59	Pedro A Sagisi	74	2008
	Craig L Copeland	74	2008
60-64	Tom N Higgins	65	2008
65-69	John Bodner	66	2008
70-74	Tom E Green	71	2008
75-79	John C Hauf	74	2008
80-84	Ervin K Vernon	72	2008

Race Walk

RACE WALK - 1500 M - WOMEN

50-54	Joanne Schmitz	9:58.98	2006
55-59	Janet L Wiebold	10:23.7	2002
60-64	Diane L Johnson	9:38.81	2007
65-69	Diane L Johnson	9:52.36	2009
75-79	Lisbeth H Naber	13:39.3	2004

RACE WALK - 1500 M - MEN

50-54	Brent Marsden	8:37.8	2004
55-59	Wim Verhoef	8:49.4	2002
60-64	Wim Verhoef	8:28.4	2004
65-69	Richard Q Zerbe	8:28.4	2004
70-74	Horst J Frychel	10:21	2005
75-79	Ron C MacPike	10:06.86	2009
85-89	Chet G Gill	13:42.53	2003

RACE WALK - 5 K - WOMEN

50-54	Joanne Schmitz	36:34.7	2006
55-59	Karen H Munro	35:59.7	2002
60-64	Diane L Johnson	33:40.6	2007
65-69	Miriam K Jackobs	36:38.9	2007

RACE WALK - 5 K - MEN

50-54	Terry M Buchanan	30:57.3	2002
55-59	Bob Novak	27:35.7	2006
60-64	Bob Novak	28:15.8	2009
	Stan Chraminski	28:15.8	2009
65-69	George I Opsahl	29:31.2	2009
70-74	Richard Q Zerbe	36:55.0	2008
75-79	Ron C MacPike	34:48.1	2009

Road Run

ROAD RUN - 5 K - WOMEN

50-54	Julie A Weber	21:53.3	2007
55-59	Jacqueline K Jordan	24:03.8	2009
60-64	Nedra J Darnell	25:24	2005
65-69	Louise Walters	25:11.7	2004
70-74	Nancy Wallace	38:33	2001
75-79	Phyllis L Jefferson	53:02.8	2008

ROAD RUN - 5 K - MEN

50-54	David B Richard	17:23.4	2004
55-59	David B Richard	18:22.1	2008
60-64	Craig W Andersen	18:44.6	2008
65-69	Jerry V Gammill	21:18.9	2009
70-74	Larry J Wright	23:29	2006
75-79	Joe L Howell	28:31	2003
80-84	George F Murray	28:18.2	2004
85-89	Jim R Silver	46:56.5	2009

ROAD RUN - 10 K - WOMEN

50-54	Ann M Underwood	46:48.4	2008
55-59	Karen E Schoessel	46:46.9	2009
60-64	Barbara J Johnson	54:29.3	2008
65-69	Margaret A Howard	1:08:52.0	2004
70-74	Madelyn D Rawlinson	58:23.8	2008
75-79	Billie Smith	1:04:38	2001

ROAD RUN - 10 K - MEN

50-54	David B Richard	35:30	2003
55-59	Larry Mays	40:28.7	2008
60-64	Brian Fitzpatrick	42:35	2002
65-69	Brian Fitzpatrick	43:30.9	2008
70-74	Brian H Shoemaker	50:03.2	2008
75-79	Paul J Flanagan	49:38.3	2008
80-84	Hans-Rudolf Gahler	53:30.6	2008

Rowing

ROWING - SINGLES - WOMEN

50-54	Kristen M Aserlind	4:50.0	2009
55-59	Katherine Runyon	5:12.0	2009

ROWING - SINGLES - MEN

50-54	Robert L Maki	4:10.0	2009
55-59	Don L Hoffmann	4:13.98	2007
60-64	Richard D Peterson	4:24.53	2008
65-69	Bill Cullen	4:35.36	2007

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Swimming

SWIMMING - 25 YD FREESTYLE - WOMEN

50-54	Eloise Travess	16.21	2003
55-59	Jean L Blackburn	16.81	2009
60-64	Joan D Delgado	17.75	2009
65-69	Jill D Fritz	19.35	2006
70-74	Virginia H Hanson	22.41	2005
75-79	Elaine M Woodland	29.86	2001
80-84	Evelyn R Hoffman	34.87	2002
85-89	Evelyn R Hoffman	31.87	2003

SWIMMING - 25 YD FREESTYLE - MEN

50-54	Tom A Puddy	12.08	2003
55-59	Frank Warner	13.24	2006
60-64	Sonny Garrett	12.03	2006
65-69	Perry M Dolan	14.68	2006
70-74	Dickson Lee	15.37	2002
75-79	Dick Hannula	16.29	2003
80-84	David T Newton	19.59	2007
85-89	Robert L Hake	23.20	2006

SWIMMING - 25 YD BACKSTROKE - WOMEN

50-54	Eloise Travess	21.0	2004
55-59	Bonnie S Raume	23.24	2003
60-64	Victoria W Sheldon	22.60	2008
65-69	Jill D Fritz	22.68	2006
70-74	Delores M Olson	27.46	2008
80-84	Kate Jacobs	35.29	2001

SWIMMING - 25 YD BACKSTROKE - MEN

50-54	James L Mange	15.90	2008
55-59	Frank Warner	15.45	2007
60-64	Perry M Dolan	16.55	2002
65-69	Bob Jacobs	16.50	2006
70-74	Walter D Rothfus	14.58	2006
75-79	Gene L Stanley	23.33	2005
80-84	Gene L Stanley	23.36	2008

SWIMMING - 25 YD BREASTSTROKE - WOMEN

50-54	Eloise Travess	20.57	2003
55-59	Kay B Metsker	24.29	2009
60-64	Laurie J Bennett	24.25	2005
65-69	Jill D Fritz	29.36	2006
70-74	Virginia H Hanson	27.57	2004
75-79	Elizabeth A Keen	43.71	2005
80-84	Ilse E Walters	35.58	2009

SWIMMING - 25 YD BREASTSTROKE - MEN

50-54	Junior Wright	16.06	2002
55-59	Greg S Collins	18.94	2007
60-64	Perry M Dolan	17.58	2002
65-69	Don Senger	18.89	2006
70-74	Don L Rehfeldt	22.61	2008
75-79	Gene L Stanley	24.27	2002
80-84	Gene L Stanley	27.35	2007

SWIMMING - 25 YD BUTTERFLY - WOMEN

50-54	Tali H Waterman	22.58	2004
55-59	Mary Jane Ewing	16.46	2003
60-64	Barbara Young	25.07	2003
65-69	Jacqueline Murphy	40.49	2005
80-84	Bernice M Phillips	34.0	2007
85-89	Pat L Matthiesen	42.93	2001

SWIMMING - 25 YD BUTTERFLY - MEN

50-54	Tom A Puddy	13.25	2003
55-59	Scott J Neuhaus	14.87	2009
60-64	Sonny Garrett	10.87	2006
65-69	Don Senger	18.49	2006
70-74	Richard L Mitchell	22.93	2003
75-79	Jack R Fritz	25.27	2009
80-84	Richard L Mitchell	34.05	2009

SWIMMING - 50 YD FREESTYLE - WOMEN

50-54	Lori B Clark	28.51	2008
55-59	Jean L Blackburn	33.70	2009
60-64	Arni H Litt	36.03	2006
65-69	Anne P Olson	39.77	2006
70-74	Anne P Olson	39.56	2008
75-79	Gloria M Tolaro	45.92	2006
80-84	Bernice M Phillips	54.38	2007
85-89	Pat L Matthiesen	1:03.30	2001
90-94	Evelyn R Hoffman	1:23.67	2009

SWIMMING - 50 YD FREESTYLE - MEN

50-54	Rick D Parnell	26.11	2009
55-59	Scott J Neuhaus	26.09	2009
60-64	Vinus Van Baalen	25.65	2006
65-69	Vinus Van Baalen	26.14	2008
70-74	Gordon C Hally	34.60	2009
75-79	John H Ehrenreich	33.45	2005
80-84	John H Ehrenreich	36.81	2009
85-89	Robert L Hake	52.59	2006

SWIMMING - 50 YD BACKSTROKE - WOMEN

50-54	Lori B Clark	33.65	2008
55-59	Elizabeth K Kassen	38.77	2007
60-64	Bobbi Malone	50.66	2005
65-69	Anne P Olson	49.96	2005
70-74	Anne P Olson	50.11	2008
75-79	Gloria M Tolaro	48.93	2007
80-84	Bernice M Phillips	55.11	2007
85-89	Pat L Matthiesen	1:21.68	2001
90-94	Evelyn R Hoffman	1:19.26	2008

SWIMMING - 50 YD BACKSTROKE - MEN

50-54	James L Mange	33.16	2008
55-59	Frank Warner	30.94	2006
60-64	Vinus Van Baalen	30.75	2006
65-69	Vinus Van Baalen	31.24	2008
70-74	John H Ehrenreich	45.18	2003
75-79	John H Ehrenreich	45.88	2004
80-84	Thomas D Rigley	47.21	2008

SWIMMING - 50 YD BREASTSTROKE - WOMEN

50-54	Elizabeth K Kassen	43.78	2006
55-59	Julie C Guthrie	48.81	2007
60-64	Arni H Litt	44.19	2006
65-69	Karen G Bryce	51.55	2001
70-74	Karen G Bryce	56.40	2004
75-79	Gloria M Tolaro	1:00.99	2008
80-84	Ilse E Walters	1:16.42	2009
85-89	Livia E Walker	1:30.44	2008
90-94	Evelyn R Hoffman	1:37.08	2008

Washington State Senior Games - Records (2001 through 2009)

SWIMMING - 50 YD BREASTSTROKE - MEN

50-54	William R Gevers	34.66	2009
55-59	Rick Colella	30.81	2008
60-64	Steven B Peterson	34.38	2009
65-69	Roy A Davis	36.50	2007
70-74	Don L Rehfeldt	46.84	2008
75-79	John H Ehrenreich	53.75	2005
80-84	Gene L Stanley	1:00.30	2007

SWIMMING - 50 YD BUTTERFLY - WOMEN

50-54	Lori B Clark	31.40	2008
55-59	Elizabeth K Kassen	35.99	2007
60-64	Barbara Young	1:01	2005
65-69	Karen G Bryce	58.93	2001
70-74	Mary Ellen Murray	55.24	2001
85-89	Pat L Matthiesen	1:39.62	2001

SWIMMING - 50 YD BUTTERFLY - MEN

50-54	Rick D Parnell	30.09	2009
55-59	Scott J Neuhaus	29.27	2009
60-64	Sonny Garrett	29.86	2006
65-69	Vinus Van Baalen	31.23	2008
70-74	Gordon C Hally	45.45	2009
75-79	John H Ehrenreich	46.62	2005
80-84	John H Ehrenreich	48.46	2009

SWIMMING - 100 YD FREESTYLE - WOMEN

50-54	Tali H Waterman	1:17.97	2006
55-59	Elizabeth K Kassen	1:10.01	2008
60-64	Arni H Litt	1:18.46	2006
65-69	Anne P Olson	1:27.05	2006
70-74	Anne P Olson	1:28.58	2008
75-79	Gloria M Tolaro	1:47.76	2009
80-84	Marion K Chadwick	2:24.02	2001
85-89	Marion K Chadwick	2:33.83	2006
90-94	Lee G Holm	3:24.29	2004

SWIMMING - 100 YD FREESTYLE - MEN

50-54	Rick D Parnell	57.91	2009
55-59	Frank Warner	58.70	2006
60-64	Vinus Van Baalen	58.64	2006
65-69	Vinus Van Baalen	1:01.80	2008
70-74	Bill King	1:09.82	2005
75-79	Bill King	1:16.26	2008
80-84	John H Ehrenreich	1:27.32	2009
85-89	Harold H Young	2:22.71	2007

SWIMMING - 100 YD BACKSTROKE - WOMEN

50-54	Lori B Clark	1:19.45	2008
55-59	Elizabeth K Kassen	1:26.55	2008
60-64	Joan D Delgado	1:41.63	2009
65-69	Anne P Olson	1:46.67	2006
70-74	Anne P Olson	1:49.67	2008
75-79	Bernice M Phillips	1:59.37	2006
80-84	Bernice M Phillips	2:01.67	2008
85-89	Pat L Matthiesen	2:59.34	2001
90-94	Lee G Holm	3:15.19	2004

SWIMMING - 100 YD BACKSTROKE - MEN

50-54	James L Mange	1:15.28	2008
55-59	Frank Warner	1:08.36	2008
60-64	Dan L Kirkland	1:08.54	2008
65-69	Lee Carlson	1:29.99	2006
70-74	John H Ehrenreich	1:39.85	2003
75-79	John H Ehrenreich	1:44.40	2006
80-84	Gene L Stanley	2:12.34	2007

SWIMMING - 100 YD BREASTSTROKE - WOMEN

50-54	Susan L Smith	1:36.49	2005
55-59	Elizabeth K Kassen	1:34.25	2008
60-64	Arni H Litt	1:35.52	2006
65-69	Charlotte C Snow	1:55.71	2008
70-74	Gloria M Tolaro	2:04.38	2003
75-79	Janet D Kavadas	2:21.39	2007
80-84	Livia E Walker	2:58.20	2002
85-89	Evelyn R Hoffman	3:27.94	2003

SWIMMING - 100 YD BREASTSTROKE - MEN

50-54	William R Gevers	1:15.25	2009
55-59	Rick Colella	1:06.67	2008
60-64	Steven B Peterson	1:16.65	2008
65-69	Roy A Davis	1:18.51	2007
70-74	Don L Rehfeldt	1:44.52	2008
75-79	John H Ehrenreich	2:07.53	2004

SWIMMING - 100 YD BUTTERFLY - WOMEN

50-54	Julie C Guthrie	1:35.35	2004
55-59	Elizabeth K Kassen	1:25.35	2008

SWIMMING - 100 YD BUTTERFLY - MEN

50-54	Hugh C Moore	1:09.64	2006
55-59	Rick Colella	1:00.04	2008
65-69	Alan Weaver	1:54.20	2005
75-79	John H Ehrenreich	2:06.28	2004

SWIMMING - 100 YD IM - WOMEN

50-54	Lori B Clark	1:17.61	2008
55-59	Elizabeth K Kassen	1:22.03	2008
60-64	Bobbi Malone	1:54.51	2005
65-69	Anne P Olson	1:52.12	2006
70-74	Mary Ellen Murray	2:07.62	2003
75-79	Gloria M Tolaro	2:05.37	2006
85-89	Evelyn R Hoffman	3:36.77	2007
90-94	Evelyn R Hoffman	3:43.58	2008

SWIMMING - 100 YD IM - MEN

50-54	Rick D Parnell	1:12.37	2009
55-59	Frank Warner	1:09.65	2006
60-64	Vinus Van Baalen	1:14.07	2006
65-69	Vinus Van Baalen	1:10.96	2008
70-74	John H Ehrenreich	1:37	2003
75-79	John H Ehrenreich	1:38.41	2005
80-84	Gene L Stanley	1:48.60	2009

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SWIMMING - 200 YD FREESTYLE - WOMEN

50-54	Phyllis E Quinn	2:35.38	2008
55-59	Elizabeth K Kassen	2:34.11	2007
60-64	Suzanne Dills	2:43.26	2009
65-69	Anne P Olson	3:05.99	2006
70-74	Anne P Olson	3:10.37	2008
75-79	Gloria M Tolaro	4:10.75	2008
80-84	Marion K Chadwick	5:30.13	2003
85-89	Pat L Matthiesen	5:41.57	2001
90-94	Lee G Holm	6:50.41	2004

SWIMMING - 200 YD FREESTYLE - MEN

50-54	Rick D Parnell	2:07.87	2009
55-59	Dan L Kirkland	2:07.60	2007
60-64	Dan L Kirkland	2:08.47	2008
65-69	Bob Davis	2:57.76	2008
70-74	Bill King	2:39.19	2005
75-79	Bill King	2:54.14	2008
80-84	David T Newton	3:43.79	2007
85-89	Harold H Young	5:09.88	2007

SWIMMING - 200 YD BACKSTROKE - WOMEN

50-54	Lori B Clark	2:53.53	2008
55-59	Julie C Guthrie	3:27.27	2006
60-64	Kate Sutherland	4:24.59	2009
65-69	Anne P Olson	3:52.60	2007
70-74	Janet D Kavadas	4:24.99	2003
75-79	Janet D Kavadas	4:31.24	2007
80-84	Marion K Chadwick	6:06.20	2003
85-89	Marion K Chadwick	6:52.53	2006
90-94	Lee G Holm	6:43.54	2004

SWIMMING - 200 YD BACKSTROKE - MEN

55-59	Dan L Kirkland	2:26.80	2007
60-64	Dan L Kirkland	2:28.07	2008
65-69	Vinus Van Baalen	2:46.75	2008
70-74	John F Sauers	4:05.25	2007
75-79	John F Sauers	4:15.52	2008
80-84	Gene L Stanley	4:55.25	2009

SWIMMING - 200 YD BREASTSTROKE - WOMEN

50-54	Eloise Travess	4:03.24	2003
55-59	Barbara J Johnson	3:59.62	2005
60-64	Arni H Litt	3:24.83	2006
65-69	Charlotte C Snow	4:12.35	2008
70-74	Brigitte M Richardson	5:20.02	2008
75-79	Janet D Kavadas	5:32.63	2009
80-84	Livia E Walker	6:20.38	2002
85-89	Evelyn R Hoffman	7:38.56	2003

SWIMMING - 200 YD BREASTSTROKE - MEN

50-54	Junior Wright	3:03.20	2002
55-59	Rick Colella	2:25.62	2008
60-64	Steven B Peterson	2:48.23	2006
65-69	Roy A Davis	2:52.42	2007
70-74	Don L Rehfeldt	3:46.85	2008
75-79	Jack R Fritz	5:03.50	2008

SWIMMING - 200 YD BUTTERFLY - WOMEN

50-54	Phyllis E Quinn	3:20.04	2008
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SWIMMING - 200 YD BUTTERFLY - MEN

60-64	John W Leet	3:30.97	2008
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SWIMMING - 200 YD IM - WOMEN

50-54	Phyllis E Quinn	2:56.73	2008
55-59	Elizabeth K Kassen	2:58.34	2009
60-64	Suzanne Dills	3:08.66	2009
80-84	Marion K Chadwick	7:16.72	2001
85-89	Pat L Matthiesen	6:47.47	2001

SWIMMING - 200 YD IM - MEN

50-54	Hugh C Moore	2:36.43	2006
55-59	Rick Colella	2:14.59	2008
60-64	Steven B Peterson	2:37.29	2006
65-69	Tom Foley	3:49.02	2001
70-74	Herb Larson	3:36.87	2003
75-79	John H Ehrenreich	4:16.04	2006

SWIMMING - 500 YD FREESTYLE - WOMEN

50-54	Phyllis E Quinn	6:51.72	2008
55-59	Elizabeth K Kassen	7:07.99	2007
60-64	Suzanne Dills	7:12.34	2009
65-69	Anne P Olson	8:21.48	2006
70-74	Anne P Olson	8:30.86	2008
75-79	Gloria M Tolaro	11:07.63	2005
80-84	Marion K Chadwick	13:56.11	2003
85-89	Marion K Chadwick	15:15.72	2006
90-94	Lee G Holm	17:56.14	2004

SWIMMING - 500 YD FREESTYLE - MEN

50-54	Stephen D Smith	7:01.92	2003
55-59	Rick Colella	5:23.32	2008
60-64	Dan L Kirkland	5:49.98	2008
65-69	Melvin H Smith	7:58.49	2009
70-74	Bill King	8:05.84	2007
75-79	Bill King	7:49.31	2008
80-84	Harold H Young	11:10.02	2003

Track and Field

TRACK AND FIELD - DISCUS - WOMEN

50-54	Lynn Dow	77' 7"	2005
55-59	Lynn Dow	75' 8"	2007
60-64	Fran Melzer	68' 3"	2002
65-69	Fran Melzer	70' 3"	2004
70-74	Fran Melzer	60' 5"	2009

TRACK AND FIELD - DISCUS - MEN

50-54	Lance A Neubauer	150' 2"	2009
55-59	Christopher W Penoyar	119' 2"	2009
60-64	Lonnie D Franz	141' 8"	2008
65-69	Bob Lawson	146' 4"	2001
70-74	Neil E Saling	136' 10"	2008
75-79	Wayne Sabin	112' 10"	2009
80-84	Les W Metzger	83' 6"	2003
85-89	Myron E Dover	67' 3"	2006
90-94	Henry A Lahaug	43' 8"	2003

TRACK AND FIELD - JAVELIN - WOMEN

50-54	Jennifer J Hogan	67' 8"	2008
55-59	Linda G Harris	85' 2"	2004
60-64	Marg Radcliffe	89' 9"	2002
65-69	Janice J Bradley	48' 8"	2007
70-74	Janice J Bradley	51' 7"	2009
80-84	Olga M Kotelko	53' 7"	2002
85-89	Gertrude F Wilhelmsen	18' 1'	2001

Washington State Senior Games - Records (2001 through 2009)

TRACK AND FIELD - JAVELIN - MEN

50-54	Paul McPherson	159' 10"	2002
55-59	Drew Stevick	146' 6"	2002
60-64	Rudy K Vlaardingerbroek	146'8"	2008
65-69	Gary M Stenlund	180'11"	2006
70-74	Peter D LaBarge	138'4"	2009
75-79	Del R Alaways	115' 8"	2005
80-84	Albert W Erickson	80'9"	2009
85-89	Myron E Dover	50'11.25"	2006
90-94	Henry A Lahaug	27' 2"	2003

TRACK AND FIELD - SHOT PUT - WOMEN

100-104	Marguerite W Kueckelhan	6' 1"	2001
50-54	Jennifer J Hogan	27'7"	2008
55-59	Linda G Harris	28' 11.75"	2004
60-64	Carol Burckhardt	26' 0.5"	2005
65-69	Sandra J Anderson	26'1.5"	2007
70-74	Fran Melzer	21'9.75"	2009
75-79	Lisbeth H Naber	15' 6.5"	2004
80-84	Olga M Kotelko	15' 9"	2002

TRACK AND FIELD - SHOT PUT - MEN

50-54	Lance A Neubauer	45'9.5"	2009
55-59	Christopher W Penoyar	43'9.5"	2009
60-64	Jerry L Ford	46'9"	2008
65-69	Robert R Ward	41'10"	2007
70-74	Robert R Ward	46'11"	2009
75-79	Wayne Sabin	34'3.75"	2009
80-84	Kenneth Wright	37' 3.5"	2005
85-89	R. Leonard Krause	26'9"	2006
90-94	Henry A Lahaug	19' 2"	2003

TRACK AND FIELD - SOFTBALL THROW - WOMEN

50-54	Jennifer J Hogan	126'4"	2008
55-59	Linda G Harris	146' 4"	2004
60-64	Nedra J Darnell	119'5"	2006
65-69	Janice J Bradley	68'2"	2007
70-74	Janice J Bradley	60'8"	2009
80-84	Olga M Kotelko	75' 6"	2002
85-89	Gertrude F Wilhelmsen	23' 1"	2001

TRACK AND FIELD - SOFTBALL THROW - MEN

50-54	Domenic M Ficarra	228' 4"	2002
55-59	Pedro A Sagisi	235'9"	2008
60-64	Tully R Swanberg	221'9.25"	2006
65-69	William S Fleener	211' 4"	2002
70-74	Bob Lawson	184'7"	2006
75-79	Del R Alaways	149'2"	2006
80-84	Gilbert M Splaine	132' 5"	2002
85-89	Gilbert M Splaine	110'8.5"	2006
90-94	Charles W Hawley	35'	2001

TRACK AND FIELD - HAMMER THROW - WOMEN

55-59	Joyce E Taylor	114'10"	2006
60-64	Susan C Hinz	88'4"	2009
65-69	Fran Melzer	71'3"	2007
70-74	Fran Melzer	85'9"	2009

TRACK AND FIELD - HAMMER THROW - MEN

50-54	Ray E Burton	168'1.75"	2009
55-59	John D Dohrmann	96'2"	2006
60-64	Todd H Taylor	177'6"	2008
65-69	George R Mathews	166'11"	2008
70-74	Peter D LaBarge	136'4.5"	2009
75-79	Wayne Sabin	89'6"	2008
80-84	Harvey E Lewellen	137'7"	2009
85-89	R. Leonard Krause	69'8.75"	2006

TRACK AND FIELD - WEIGHT THROW - WOMEN

55-59	Joyce E Taylor	34'4"	2008
60-64	Susan C Hinz	33'7"	2009
65-69	Fran Melzer	25'10"	2008
70-74	Fran Melzer	32'11"	2009

TRACK AND FIELD - WEIGHT THROW - MEN

50-54	Lance A Neubauer	41'10"	2009
55-59	John D Dohrmann	31'7"	2008
60-64	Todd H Taylor	59'1"	2008
65-69	George R Mathews	65'2"	2008
70-74	Dick Hotchkiss	52'0"	2009
75-79	Wayne Sabin	38'6"	2009
80-84	Harvey E Lewellen	48'0"	2009

TRACK AND FIELD - SUPERWEIGHT THROW - WOMEN

55-59	Joyce E Taylor	27'0"	2008
60-64	Susan C Hinz	18'1"	2009

TRACK AND FIELD - SUPERWEIGHT THROW - MEN

50-54	Lance A Neubauer	21'4.25"	2009
55-59	John D Dohrmann	14'10"	2008
60-64	Todd H Taylor	31'1"	2008
65-69	George R Mathews	33'11"	2008
70-74	Bob Lawson	24'10"	2009
75-79	Wayne Sabin	22'9.25"	2009
80-84	Harvey E Lewellen	32'1.5"	2009

TRACK AND FIELD - LONG JUMP - WOMEN

50-54	Jana R Gedde	14'9.5"	2008
55-59	Nedra J Darnell	12' 1 1/2"	2002
60-64	Nedra J Darnell	11' 4.5"	2004
65-69	Joyce Trader	13' 1.5"	2003
70-74	Joyce Trader	10'3.5"	2009
75-79	Rosanne Sallee	5' 9 1/2"	2002
80-84	Olga M Kotelko	6' 11 1/2"	2002

TRACK AND FIELD - LONG JUMP - MEN

50-54	David E Ortman	18' 3"	2005
55-59	Jimmy G Crittenden	18' 0.75"	2005
60-64	Dick Clintworth	14'3.5"	2007
65-69	Bob L Brown	13' 11"	2004
70-74	Richard C Harrison	13' 10"	2004
75-79	Richard C Harrison	12'6"	2007
80-84	Gilbert M Splaine	10' 1 1/2"	2002
85-89	Gilbert M Splaine	9'1.5"	2006
	Gilbert M Splaine	9' 1.5"	2005

Washington State Senior Games - Records (2001 through 2009)

TRACK AND FIELD - STANDING LONG JUMP - WOMEN

50-54	Jana R Gedde	7'3.5"	2008
55-59	Lily Reinecke	5'8.25"	2009
60-64	Lynette Stock	4'7.5"	2009
65-69	Kathy Zombor	5'8.5"	2008
70-74	Janice J Bradley	5'0"	2009

TRACK AND FIELD - STANDING LONG JUMP - MEN

50-54	Willie Venable	8' 5"	2004
55-59	Jimmy G Crittenden	8' 8"	2004
60-64	Mel Schaefer	8'8.5"	2009
65-69	Ron F Tienhaara	7'4"	2009
70-74	Darwin Grimm	7' 5.5"	2004
75-79	Darwin Grimm	6'11.5"	2008
80-84	Gene L Stanley	5'5.25"	2007
85-89	Gilbert M Splaine	5'2.75"	2009
90-94	Dee Molenaar	3'3"	2008

TRACK AND FIELD - TRIPLE JUMP - WOMEN

50-54	Jana R Gedde	29'1.5"	2008
55-59	Catherine H Bishop	15'3"	2008
65-69	Sandra J Anderson	23'4"	2007

TRACK AND FIELD - TRIPLE JUMP - MEN

50-54	David E Ortman	33'6"	2006
55-59	David E Ortman	33'5"	2008
60-64	Paul H Roberts	27'6.5"	2006
65-69	Les T.C. East	27'6"	2006
70-74	Roger C Vergin	27'0"	2009
75-79	Richard C Harrison	21'10.75"	2009

TRACK AND FIELD - HIGH JUMP - WOMEN

55-59	Nancy Cochrane	3'8"	2009
60-64	Marg Radcliffe	4' 2"	2002
65-69	Sandra J Anderson	4'0"	2007
75-79	Rosanne Sallee	2' 8"	2002
80-84	Olga M Kotelko	3' 2"	2002

TRACK AND FIELD - HIGH JUMP - MEN

50-54	David E Ortman	5' 6"	2005
55-59	Jimmy G Crittenden	5' 5"	2005
60-64	Daniel J Cole	4'11.75"	2009
65-69	Robert L Sheedy	4'8"	2007
70-74	Les T.C. East	4'2"	2009
	Roger L Brown	4'2"	2009
75-79	Jack Fischer	3'10"	2009
	Albert W Erickson	3'10"	2008
80-84	Albert W Erickson	3'8"	2009
85-89	Gilbert M Splaine	3'7"	2008

TRACK AND FIELD - POLE VAULT - WOMEN

50-54	Donna Schultz	10'0"	2007
65-69	Sandra J Anderson	6'0"	2007

TRACK AND FIELD - POLE VAULT - MEN

50-54	Louis S Baucom	13'9"	2007
55-59	Dick Clintworth	11' 9"	2002
60-64	Dennis J Phillips	12'0"	2008
65-69	Larry D Holmes	9'0"	2009
70-74	David L Butler	8'0"	2009
75-79	Albert W Erickson	7'0"	2007
	Charles Milliman	7'0"	2009
	Albert W Erickson	7'0"	2008
80-84	John P Cleveland	7' 8"	2004
85-89	Lew F Luehrs	3' 3"	2004

TRACK AND FIELD - 50 M - WOMEN

50-54	Jana R Gedde	7.41	2008
55-59	Candy M Puterbaugh	7.83	2004
60-64	Lynne A Clewell	8.06	2004
65-69	Joyce Trader	7.79	2004
70-74	Joyce Trader	8.84	2009
75-79	Nikki L Ryan	9.75	2008
85-89	Florence L Latter	16.51	2009

TRACK AND FIELD - 50 M - MEN

50-54	Willie Venable	6.26	2004
55-59	David E Ortman	6.74	2009
60-64	Charles J Brocato	6.88	2005
65-69	Charles J Brocato	7.62	2009
70-74	Darwin Grimm	7.50	2004
75-79	Ray Guimary	7.70	2004
80-84	Gilbert M Splaine	9.03	2003
85-89	Gilbert M Splaine	9.43	2005

TRACK AND FIELD - 100 M - WOMEN

50-54	Jana R Gedde	13.72	2008
55-59	Candy M Puterbaugh	15.30	2004
60-64	Lynne A Clewell	15.6	2002
	Marg Radcliffe	15.6	2002
65-69	Joyce Trader	15.32	2004
70-74	Joyce Trader	17.10	2006
75-79	Nikki L Ryan	19.13	2008
80-84	Olga M Kotelko	20.7	2002
85-89	Florence L Latter	32.20	2009
90-94	Mabel O'Hare	31.0	2002

TRACK AND FIELD - 100 M - MEN

50-54	David E Ortman	12.19	2005
55-59	David E Ortman	12.55	2008
60-64	Charles J Brocato	13.27	2005
65-69	Paul F Edens	13.02	2006
70-74	Jack T Coy	14.5	2001
75-79	Jack Fischer	15.80	2009
80-84	Ray Guimary	17.60	2009
85-89	Gilbert M Splaine	20.56	2008

TRACK AND FIELD - 200 M - WOMEN

50-54	Shannon G Houlihan	36.79	2009
55-59	Dorrine Zelmer	36.6	2002
60-64	Candy M Puterbaugh	33.90	2008
65-69	Joyce Trader	33.02	2004
70-74	Joyce Trader	37.23	2006
80-84	Arline Kerns	1:16.1	2001

Washington State Senior Games - Records (2001 through 2009)

TRACK AND FIELD - 200 M - MEN

50-54	David E Ortman	24.57	2005
55-59	David E Ortman	25.70	2008
60-64	Charles J Brocato	27.82	2006
65-69	Paul F Edens	26.86	2006
70-74	Darwin Grimm	30.64	2004
75-79	Donald B Kane	34.22	2008
80-84	Henry G Franklin	41.4	2001
85-89	H. Wilson Kerns	1:00.0	2002

TRACK AND FIELD - 400 M - WOMEN

50-54	Andra Litzenberger	1:24.82	2004
55-59	Candy M Puterbaugh	1:12.09	2004
60-64	Candy M Puterbaugh	1:18.10	2008
65-69	Diane Palmason	1:19.52	2007
80-84	Olga M Kotelko	2:23.5	2002

TRACK AND FIELD - 400 M - MEN

50-54	Henry James	54.83	2008
55-59	David E Ortman	57.76	2008
60-64	Richard W Tucker	1:01.33	2005
65-69	Robert D McMillan	1:04.7	2007
70-74	Paul J Flanagan	1:18.28	2005
75-79	Donald B Kane	1:17.94	2008
80-84	Henry G Franklin	1:48.9	2002
85-89	H. Wilson Kerns	2:29.3	2002

TRACK AND FIELD - 800 M - WOMEN

50-54	Susan H Hesselgrave	3:21.39	2009
55-59	Phyllis Nelson	3:03.89	2004
60-64	Candy M Puterbaugh	2:54.77	2008
65-69	Diane Palmason	3:16.8	2007

TRACK AND FIELD - 800 M - MEN

50-54	Henry James	2:03.55	2009
55-59	Jim Bordoni	2:26.87	2008
60-64	Richard W Tucker	2:20.37	2005
65-69	Robert D McMillan	2:31.64	2007
70-74	Paul J Flanagan	3:02.06	2005
75-79	Paul J Flanagan	3:03.99	2006
80-84	Bruce K Schmid	5:15.58	2007
85-89	H. Wilson Kerns	5:18.8	2002

TRACK AND FIELD - 1500 M - WOMEN

50-54	Barbara J Johnson	7:28.0	2002
55-59	Phyllis Nelson	6:11.9	2004
60-64	Candy M Puterbaugh	5:55.79	2007
65-69	Louise Mihay	7:29.22	2006

TRACK AND FIELD - 1500 M - MEN

50-54	Ray E Prentice	4:39.64	2009
55-59	Craig W Andersen	4:53	2004
60-64	Peter C O'Neil	5:18.37	2007
65-69	Joe F Wilcox	5:44.48	2009
70-74	Paul J Flanagan	6:18.44	2005
75-79	Paul J Flanagan	6:30.78	2006
80-84	H. Wilson Kerns	12:49.81	2001
85-89	H. Wilson Kerns	11:13.5	2002